

BANYAN TREE SPA CAFÉ SAMUI MENU

COLD SELECTION

WARM SELECTION

Ideal for Vata

Sands' Salad 
Beetroot, Fennel, Asparagus, Yoghurt Emulsion

250

Marinated Tuna with Grilled Vegetables 300
Tuna, Vegetables, Semi-dried Tomato, Citrus Salsa

Fresh Vegetables Spring Rolls 
Rice Paper Wrap, Vegetables, Mango, Sweet & Sour Sauce

270

Pan-seared Marinated Duck Breast 350
Duck Breast, Allspice, Potato, Vegetable Ragout

Ideal for Pitta

Arugula Fruit Salad 
Apple, Pear, Cottage Cheese

250

Roasted Chicken Breast 300
Roasted Chicken, Sautéed Tomato, Zucchini, Broccoli, Orange Reduction

Poached Prawns on Soba 300
Prawns, Soba Noodle, Ginger, Japanese Cucumber

Grilled Tiger Prawns 350
Tiger Prawns, Asparagus, Fruit Salsa, Lemon Juice

Ideal for Kapha

Chef's Signature Rolls 
Grilled Vegetables, Pesto Dressing, Balsamic Olive Oil, Tomato Broth

270

Oven Baked Eggplant Wraps 
Eggplant, Bell Pepper, Onion, Carrot, Red Pepper Caulis

Roasted Duck on Barley Rice 350
Roast Duck, Barley, Eggplant, Capsicum, Parmesan Cheese

Baked Kingfish 350
Baked Fish, Prawns, Potato, Lemongrass, Herbal Sauce

 Vegetarian

SPA BLENDS

Tropical Refresher 220
Banana, Watermelon, Plain Yoghurt, Honey

Romantic Enhance 220
Green Apple, Beetroot, Cauliflower, Celery

Detox 220
Green Apple, Orange, Carrot, Ginger

Calcium Boost 220
Carrot, Green Apple